



WELLNESS MENU

60/90 MINUTES

BALINESE

400/530

Our signature massage. A traditional massage handed down from generations, this massage combines long kneading strokes, finger and palm pressure, stretching, and light acupressure stimulation is applied to release muscle tension, improve blood circulation, and dissolve stress.

DEEP TISSUE

450/565

Based on Chinese acupressure points to release stress and blockages from the tips of your toes to the top of your head. It helps to loosen muscle tissues, release toxins and stress layers from muscles, and get blood and oxygen circulating.

AROMATHERAPY

460/570

Experience the most relaxing effects of Asian aromatherapy in a rejuvenating and revitalizing massage that combines tropical blends and Asian essential oils.

TRADITIONAL FACIAL

400

This traditional Balinese facial includes a deep cleanse, a cell-stimulating massage, an invigorating scrub, and finally a soothing mask. The products have been developed specifically for dry, oily, or sensitive skin.

HEAD, BACK AND SHOULDER

425/540

Head, back and shoulder massage soothes away tensions in your upper body, releases knots and improves your flexibility to leave you feeling relaxed and re-energised.

FOOT REFLEXOLOGY

340/480

Acupressure points on your feet correspond with body organs and parts of your body. When stimulated many blockages are released and dissolved. Balinese foot reflexology also includes long, slow strokes up and down the lower leg relaxing your calves. Let your therapist soothe and nurture your body and soul.

MANICURE

275

This luxurious treatment includes nail shaping, cuticle care, soak, exfoliating scrub, hand massage, and a polish of your choice.

PEDICURE

275

This decadent treatment includes nail shaping, cuticle care, soaking, an exfoliating scrub, a relaxing foot massage, and a polish of your choice.

Services

MEDITATION SESSION

Feeling overwhelmed? Want to improve your focus and calm? Our private meditation classes are perfect for beginners and experts.

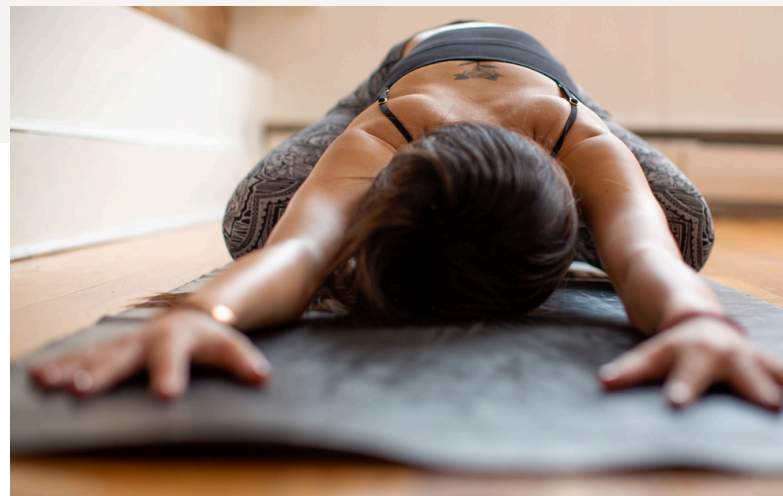
Our experienced teacher will guide you on a journey to inner peace, helping you reduce stress, improve sleep, and boost your overall well-being. Choose from healing meditations or a relaxing blend of yoga and meditation. Personalised sessions start from IDR 400k.

SPA SERVICES

Please find the spa services above. To book please contact us.

IN-VILLA DINING

Please ask a member of staff to share menu's of local restaurants and to assist in ordering your food.



PRIVATE YOGA

Indulge in a rejuvenating private yoga session amidst tranquillity and luxury. Our expert instructor is available to cater to your needs, offering personalised classes in the serene ambiance of your private villa or by the pool. Embrace relaxation and harmony in your own private sanctuary.

- IDR 400,000 - For Solo
- IDR 300,000 - per person (min. 2 persons)

For bookings please contact a member of the team